



Live Well San Diego Top 10 Indicators October 2014













		We want to increase this	\uparrow	San Diego	California	United States
Indicator	Measure	We want to decrease this	\downarrow	Current Year	Current Year	Current Year
	HEALTH - Enjoying good health a	nd expecting to live a fu	II li	fe		
Life Expectancy	Measure of years of length and duration of life expected at birth		\uparrow	81.6 (2011)	80.8 (2011)	78.7 (2011)
Quality of Life	Percent of population that is sufficiently healthy to be independently (not including those who reside in nuinstitutions)		\uparrow	94.6% (2012)	94.5% (2012)	94.2% (2012)
	KNOWLEDGE - Learning th	roughout the lifespan				
Education: High School Diploma or Equivalent	n: High School Diploma Percent of population with at least a High School Diploma or equivalent			84.6% (2012)	81.5% (2012)	86.4% (2012)
	STANDARD OF LIVING - Having end	ough resources for a qua	lity	life	· ·	•
<u>Unemployment Rate</u>	Percent of the total labor force that is unemployed (a employment and willing to work)	actively seeking	\downarrow	9.9% (2012)	11.4% (2012)	9.4% (2012)
Income: Spending Less Than 1/3	Percent of population spending less than 1/3 of household income on housing			49.0% (2012)	51.7% (2012)	61.9% (2012)
	COMMUNITY - Living in a clean and safe neighborhood					
Security: Crime Rate	Number of crimes per 100,000 people (all crimes, inc property)	cluding violent and	\downarrow	2,570.5 (2012)	3,181.8 (2012)	3,246.1 (2012)
Physical Environment: Air Quality	Percent of days that air quality was rated as unhealth	ny (No new data)	\downarrow	6.8%	12.5% (2010)	3.5% (2010)
Built Environment: Distance To Park	Percent of population living within a half mile of a pa	ark (No new data)	\uparrow	50.0% (2010)	58.0% (2010)	36.8% (2010)
SOCIAL - Helping each other to live well						
Vulnerable Populations: Food Insecurity	Percent of population with income of 200 percent of experienced food insecurity	poverty or less, who have	\downarrow	40.7% (2011-2012)	41.7% (2011-2012)	N/A
Community Involvement: Volunteerism	Percent of population who volunteer			31.2% (2012)	25.2% (2012)	26.5% (2012)





	WELL DIEGO		1	Top 10 Indicators	10 Indicators Dashboard	
Indicator		Indicator Data Trend			Description & Source	
	HEALTH - Enjoying good health and expecting to live a full life					
Life Expectancy: Measure of Length and Duration of Life Expected at Birth	-	82.0 81.0 80.0 79.0 78.0 San Diego California United States	Average Years Today Is Exp	ectancy: s a Baby Born ected to Live increase this 2011 81.6 80.8 78.7	Expected number of years a person will live as determined by the mortality rate. Life expectancy at birth is the average number of years a baby born today is expected to live if current mortality patterns continue throughout his or her lifetime. A widely used indicator of the health of a population, life expectancy reflects the overall mortality of a population and measures quantity rather than quality of life. Sources: US and state data from The United States Centers for Disease Control and Prevention. Mortality Statistics. http://www.cdc.gov/nchs/fastats/lifexpec.htm for 2010 and 2011. County data prepared by County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch, 12/2012 and 6/2014. Accessed online 7/2014.	





Indicator	Indicator Data Trend	Description & Source

Quality of Life

HEALTH - Enjoying good health and expecting to live a full life

Population Sufficiently Healthy to Live Independently Percent of Population We want to increase this 96.0% 95.0% Quality of Life: **Ability to Live** 94.0% Independently 93.0% 2011 2012 San Diego 95.3% 94.6% -California 94.7% 94.5% 94.2% 94.2%

Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions). There is substantial research under way to measure quality of life in terms of health, including measures that adjust for disability or other factors assumed to affect quality of life. However, there is no consensus currently on the best measure. Until such time as a definitive measure is identified, this measure of sufficient health to be able to live independently will be used to track quality of life. This measure captures the percentage of the adult population that do not have health issues that prevent them from living independently. The measure is based on self-reporting of ability to carry out Activities of Daily Living (ADL). The adult population included are not living in nursing homes, hospitals, mental health facilities, jails or other institutions.

Source: American Community Survey (ACS) 2011 and 2012 1-yr estimates, tables S1810 for those with independent living difficulty. Accessed online 08/2014.

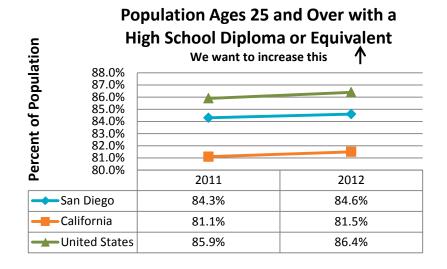




Indicator	Indicator Data Trend	Description & Source

KNOWLEDGE - Learning throughout the lifespan

Education: High School Diploma or Equivalent



Education:

Among the 25 years and over percent of population; this includes everyone with at least a high school diploma or equivalent.

The U.S. Department of Health & Human Services Healthy People 2020 has adopted targets for similar measures related to the achievement of a high school diploma or equivalent, however due to diffences in methodology the targets are not applicable to the Live Well San Diego Education Indicator.

Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.

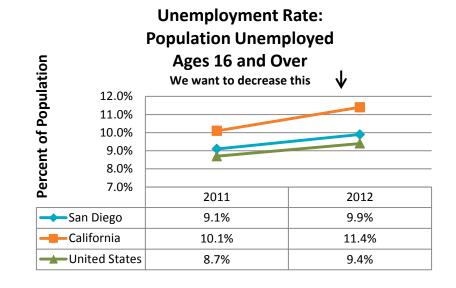




Indicator Indicator Data Trend Description & Source

STANDARD OF LIVING - Having enough resources for a quality life

Unemployment
Rate:
Percent of the Total
Labor Force that is
Unemployed



Unemployment is defined as those members of the total labor force, ages 16 and over, that do not have a job, are available and willing to work, and are actively seeking employment.

More current local unemployment data is available but may not have State or National comparison data, or is subject to being adjusted over time. Even though there is about a 2-yr lag time American Community Survey data is updated annually, includes comparison data and will not be adjusted over time.

The County Health Rankings & Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a similar measure, a national benchmark of 4.4% for the percent of population age 16+ unemployed but seeking work. This national benchmark is based on the top US performers at the 90th percentile (only 10% are better).

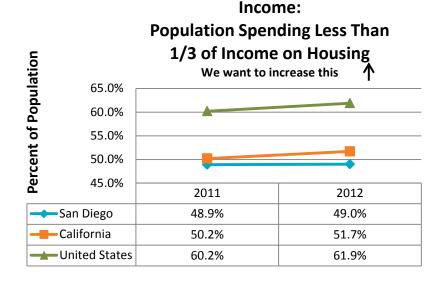
Source: American Community Survey (ACS) 2011 and 2012 5-yr estimates for County; 1-yr estimates for State and nation. Table S2301. Accessed online 08/2014.





STANDARD OF LIVING - Having enough resources for a quality life

Income: Spending Less Than 1/3 of Income on Housing



Percent of population spending less than a third of household income on housing. This is considered the acceptable housing cost threshold used by many government agencies.

The U.S. Department of Health & Human Services Healthy People 2020 is in the process of developing an indicator that tracks the proportion of households that spend more than 30% of income on housing.

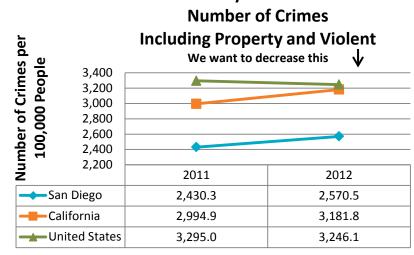
Source: American Community Survey (ACS) 2011 and 2102, 5 and 1-yr estimates. Table S2503 breakdown by income using those 29 percent and less on income on housing. Accessed online 08/2014.





SAN	DIEGO	10 Indicators Dashboard
Indicator	Indicator Data Trend	Description & Source
	COMMUNITY - Living in a clean and safe n	eighborhood
	Security: Crime Rate Number of Crimes ភ្ន Including Property and Violent	Number of crimes per 100,000 people, reported to law enforcement. All crimes are included-violent and property crimes. The data presented in the FBI's <i>Crime in the United States</i> report requires that only the most serious offense in a multiple-offense criminal incident be counted. In descending order of severity, the violent crimes are murder and nonnegligent manslaughter, forcible rape, robbery, and

Security: Crime Rate



aggravated assault, followed by the property crimes of burglary, larceny-theft, and motor vehicle theft. Although arson is also a property crime, it is not included in the crime rate.

More current, local crime statistics are available however this data is not yet included in the FBI Criminal Justice Information Services data base due to the lag time in collecting data.

Source: US Department of Justice-Federal Bureau of Investigation's Uniform Crime Reports 2011 and 2012. http://www.fbi.gov/aboutus/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-theu.s.-2012 Accessed online 08/2014.





10 Indicators Dashboard **Indicator Data Trend Description & Source** Indicator **COMMUNITY - Living in a clean and safe neighborhood Physical Environment: Air Quality Days Air Quality Was Rated Unhealthy** We want to decrease this 15.0% Percent of days that air quality was rated as unhealthy for 12.5% sensitive populations due to ozone and fine particulate Percent of Days matter (FPM, <2.5 um in diameter). This is a 3-yr average 10.0% 6.80% percent of days (2008-2010) with Air Quality Index value Physical 3.5% greater than 100 in the San Diego Air Basin. Most current air **Environment:** 5.0% quality data is from 2010. Air Quality Source: Number of Days with Air Quality Index Values Greater than 100 at 0.0% Trend Sites. 2010 Environmental Protection Agency. 2010 http://www.epa.gov/airtrends/aqtrends.html. Accessed online ■ San Diego ■ California ■ United States 07/17/2013.





10 Indicators Dashboard **Indicator Data Trend Description & Source** Indicator **COMMUNITY - Living in a clean and safe neighborhood Built Enviornment: Population Living Within** Half Mile of a Park We want to increase this Percent of population living within a half mile of a park Percent of Population 60.0% 58.0% (about a ten-minute walk). Access to parks can influence 50.0% choices to engage in physical activity and community 50.0% involvement, resulting in positive health impacts. Most **Built Environment:** 36.8% current distance to park data is from 2010. Distance to Park 40.0% Source: Centers for Disease Control and Prevention. Healthy Community 30.0% Design Initiative and Geospatial Research Analysis and Services Program. Accessed from Environmental Public Health Tracking Network 2010. 2010 http://www.cdc.gov/ephtracking. Accessed online 07/24/2013. ■ San Diego ■ California ■ United States

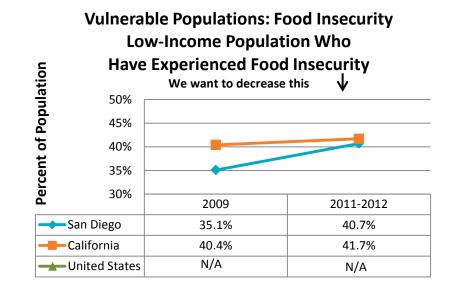




Indicator	Indicator Data Trend	Description & Source

SOCIAL - Helping each other to live well

Vulnerable Populations: Food Insecurity



Percent of population who have experienced food insecurity. Based on a survey of individuals with income of 200 percent of poverty or less who answered affirmatively to at least one of six questions that reflect an inability to purchase enough food to meet individual or family needs. There is no comparable national data available.

The U.S. Department of Health & Human Services Healthy People 2020 has adopted a target for a similar measure based on the proportion of US households classified as food insecure over a 12-mo period, however due to diffences in methodology the target is not applicable to the Live Well San Diego Food Insecurity Indicator.

California Health Interview Survey, 2009 and 2011-2012. Accessed on 8/2014.





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Indicator	Indicator Data Trend		d	Description & Source
		SOCIAL - He	lping each other to li	ive well
Community Involvement: Volunteerism		2011 31.1% 25.7% 26.8%	olunteer <u> </u>	Percent of population who volunteer. Volunteers are considered individuals who performed unpaid volunteer activities through or for an organization at any point during the 12-month survey period. Source: Corporation for National and Community Service, Volunteering and Civic Life in America 2012, (data from 2011 and 2012). http://www.volunteeringinamerica.gov/. Accessed online 08/2014.